

Physical Education Fa Part 1 English Medium Online Test

Sr	Questions	Answers Choice
1	In care of fracture the first thing to do is	A. Wash the wound B. Cut the cloth C. Stop bleeding D. To join bone fragments
2	A spiral fracture is one which causes a bone to form a _____ shape	A. S B. C C. U D. L
3	A partial fracture common in children is called	A. Impacted fracture B. Serrated fracture C. Green stick fracture D. Oblique fracture
4	A depressed fracture is common in	A. Knee B. Foot C. Arm D. Skull
5	A simple / closed fracture is when a bone is	A. Damaged but not broken B. Broken in two C. Broken in many pieces D. Not broken
6	The use of medication for muscle injury is a _____ treatment	A. Primary B. Optional C. Secondary D. Alternative
7	The "C" in RICES stand for	A. Compassion B. Compound C. Composite D. Compression
8	One of the most common injury is	A. Muscle pull B. Fracture C. Heat cramps D. Tendon damage
9	Which of the following is not an acute injury	A. Sprain B. Muscle soreness C. Pulled muscle D. Fracture
10	Moderate tear is which type of injury	A. Open injury B. Hard tissue injury C. Acute injury D. Muscle cramp
11	Hard tissue injuries are those which affect the	A. Skin B. Muscle C. Bone D. Tissue
12	Athletic injuries are most common in	A. Team sports B. Collision sports C. Indoor sports D. Individual sports
13	This is not a first aid medicine	A. Talcum powder B. Iodex C. Throat lotion D. Common salt
14	This is not a first aid equipment	A. Safety B. Knife C. Spoon D. Tweezers
15	What is the first thing that a first aider must check the patient for	A. Fractures B. Bleeding C. Wounds D. Broken limbs

16	A first aider must be well aware of his/her own	A. Confidence B. Weaknesses C. Limitations D. Abilities
17	First aid provide immediate _____ to patient	A. Treatment B. Medicine C. Advice D. Relief