

Physical Education Fa Part 1 English Medium Chapter 5 Online Test

Sr	Questions	Answers Choice
1	How many lanes in track of relay race?	A. 8 B. 7 C. 6 D. 4
2	What is the track of Relay Race?	A. 4 x 100 B. 5 x 100 C. 6 x 100 D. 7 x 100
3	If a competitor feels that a throw was wrongly given invalid, He/She can protest to	A. The spectators B. The referee C. The organizer D. The coach
4	The competitor will be shown a _____ flag before the last 15 seconds	A. Red B. White C. Yellow D. Green
5	The competitor must start the throw within	A. 2 minutes B. 5 minutes C. 10 minutes D. 1 minute
6	A competitor can throw a discus _____ at a time	A. Once B. Twice C. Thrice D. Many times
7	The measurement of each throw must be taken at	A. End of the match B. Beginning of the throw C. Immediately before throw D. Immediately after throw
8	The discus used in the match is	A. Competitor's B. Coach's C. Organizer's D. Other competitor's
9	In the direction of the throw, the ground must be elevated	A. 20000 : 2 B. 200 : 2 C. 1000 : 1 D. 100 : 1
10	The discus must land	A. Outside the lines B. Within the edges C. Behind the lines D. Outside the edges
11	The competitor may leave the circle when	A. The next competitor comes B. The discus has landed C. The discus is thrown D. The discus is brought back
12	On the field each competitor is allowed _____ practice throws	A. One B. Five C. Three D. Two
13	The competitors are given 6 attempts each when there are competitors	A. 8 or less B. 6 or less C. 10 or less D. 12 or less
14	The competitors are given 3 attempts when there are competitors	A. Less than 8 B. Less than 6 C. More than 8 D. More than 6
15	The order in which the competitors play is decided by	A. The organizers B. By competitors choice C. By drawing lots D. By spectators choice

16 The centre of the discus should be _____ than the rim

- A. Thicker
 - B. Equal
 - C. Thinner
 - D. Hollow
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17 A discus is _____ in shape

- A. Square
 - B. Round
 - C. Oval
 - D. Triangular
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