

Physical Education Fa Part 1 English Medium Chapter 1 Online Test

Sr	Questions	Answers Choice
1	The word physical is used to describe	A. Physics of a body B. Chemistry of a body C. Weight of a body D. Movement of a body
2	Physical education is a _____ part of the learning process	A. Not important B. Compulsory C. Normal D. Minimum
3	The statement "Physical education is related to muscular exercises and its effects" is said by which expert	A. J.B. Nash B. Charles Butcher C. John Dewey D. Rosaland Cassidy
4	Physical education is a complete area of teaching. This is a process which improves bodily, mental, emotional and social aspects of a person. This is said by	A. Charles Butcher B. J.B. Nash C. John Dewey D. Mr. Sherman
5	The aim of physical education is to improve the physique by activities	A. Political B. Economic C. Psychological D. Physical
6	Man has been utilizing physical education since	A. The first Olympics B. Early modern era C. Birth D. The youth
7	In this modern era how does man spend his time	A. In physical struggle B. In sedentary C. In poverty D. intelligently
8	A player is an ambassador of	A. Trade B. Government C. Peace D. Politics
9	Physical education creates _____ between mind and body	A. Weakness B. Separation C. Distinction D. Coordination
10	Modern time characterizes	A. Labourious B. Technological C. happiness D. Spiritual
11	Practising physical education improves	A. Habits B. Natural ability C. Envy D. Wishes
12	Physical education builds	A. Anger B. Revenge C. Fear D. Cooperation
13	In modern society crime attracts	A. Children B. Senior citizen C. Youth D. Educated people
14	Physical education is considered both as science and	A. Profession B. Career C. Politics D. Art
15	Exercising is important for	A. Children B. Senior citizens C. Every one D. Youth

16	Physical education is used to _____ constructive habits	A. Decrease B. Develop C. Maintain D. Provide
17	Who has said "A strong Muslim is better than a weak muslim	A. Our Prophet B. Sahaba e karam C. Tabaine D. Oliya karam