

## General Science 6th Class English Medium Chapter 3 Online Test

Sr	Questions	Answers Choice
1	An immediate source of energy for car body is.	A. Chicken B. Mushroom C. Mango D. Meat
2	Food rich in proteins is	A. Potato B. Fish C. Rice D. Grapes
3	Which food is best for providing fats.	A. Fruits B. Butter C. Vegetables D. Bread
4	Food rich in carbohydrates is.	A. Corn oil B. Beef C. Starch D. Egg
5	Source of Vitamin A	A. Table salt B. Carrot C. Mustard oil D. Sugar
6	Source of starch	A. egg B. Meat C. Potato D. Fish
7	Vegetable oils are included in the food group	A. Carbohydrates B. Protein C. Fats D. Vitamin
8	Balanced diet for an infant is	A. Fruit B. Milk C. Vegetable D. egg
9	Which vitamin makes the bones strong.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
10	Iron is a	A. Mineral B. Vitamin C. Protein D. Carbohydrates
11	Nutrients which are quick source of energy.	A. Protein B. Lipids C. Carbohydrate D. Vitamin
12	Growth and repair of the body is function of.	A. Lipids B. Proteins C. Carbohydrate D. Fibers
13	Nutrients required in very small quantities.	A. Carbohydrates B. Protein C. Lipids D. Vitamin
14	Fish is the part of	A. Fruit group B. Grains group C. Milk group D. Meat group
15	Sugar is	A. Carbohydrate B. Lipids C. Protein D. Vitamin

16	On digestion, protein is converted into.	A. Carbon B. Hydrogen C. Amino acid D. Oxygen
17	Enzyme and antibodies are.	A. Carbohydrate B. Protein C. Blood D. Lipids
18	Edible oils are the fats which are... at room temperature.	A. Solid B. Liquid C. Gas D. None of these
19	Beriberi is due to lack of.	A. Vitamin A B. Vitamin B C. Vitamin C D. Vitamin D
20	Balance diet for a person depends upon	A. age B. Job C. Health condition D. All of these